



Girls Group

The Brian P. Mattson Restorative Justice Center is offering a group for adolescent girls who have been victims of bullying.

Bullying can occur in many forms: verbal harassment, physical assault, threats or intimidation over the internet or other more subtle methods. Regardless of how it occurs, the effects of bullying can be harmful and devastating to those who experience it.

This group is a support network for adolescent girls designed to:

- ✦ Build self-esteem*
- ✦ Encourage young girls to effectively verbalize their feelings*
- ✦ Teach conflict resolution skills*
- ✦ Promote community involvement*
- ✦ Help young girls develop positive peer relationships*

*The group will begin in the fall of 2007 and will meet once a week.
(Specific dates and times to be determined)*

*Group sessions will be held at the Brian P. Mattson Restorative Justice Center.
Please call for directions.*

There is no charge to attend this group but space will be limited.

Please contact Anje Banks at 231-727-3318, ext. 104 or by email at abanks_rjc@verizon.net for further information or to refer someone to this group.



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